# Resources for "Moving the Needle" and Deepening Our Understanding of Racism and Social Justice Issues in America

Last Updated 8-16-2020 (Cherie Sorokin)

#### **Books**

Caste, Isabel Wilkerson;

How to Be an Anti-Racist, Ibram X Kendi;

White Fragility, Robin Diangelo;

Just Mercy, Bryan Stevenson;

The Warmth of Other Suns, Isabel Wilkerson.

So You Want to Talk About Race, Ijoema Oluo;

The New Jim Crow, Mass Incarceration in the Age of Color Blindness, Michele Alexander;

Between the World and Me, Ta-Nehesi Coates;

Stamped from the Beginning, A Definitive History of Racist Ideas in America, Ibrim X. Kendi.

White Rage: The Unspoken Truth of Our Racial Divide, Carol Anderson

Conversations in Black, Ed Gordon

A Different Mirror: A History of Multicultural America, Ronald Takaki

Racism without Racists: Colorblind Racism and the Persistence of Racial Inequality in the United

States by Eduardo Bonilla-Silva

How to Be Less Stupid About Race: On Racism, White Supremacy and the Racial Divide by Crystal

**Fleming** 

#### **Online Articles and Other Resources:**

**Syllabus: The ABA 21-day Racial Equity Habit Building Challenge** A section of the American Bar Association put together this challenge. Can you do it?

https://www.americanbar.org/groups/labor\_law/membership/equal\_opportunity/?fbclid=IwAR3TcEv IRf91fy7aDwkxc5xptE3DdnMep9Z4bPhXBEeu40Nxk1jXINNkSQ

Leaderless Protest is a Strength and a Weakness, Claybourne Carson, Stanford, <a href="https://news.stanford.edu/2020/06/04/leaderless-protest-strength-weakness/">https://news.stanford.edu/2020/06/04/leaderless-protest-strength-weakness/</a>

Stanford Students Remembering Black Women Underrepresented in History, <a href="https://news.stanford.edu/2020/02/20/students-honor-remember-black-women-underrepresented-history/">https://news.stanford.edu/2020/02/20/students-honor-remember-black-women-underrepresented-history/</a>

The Pivotal Irony of American Racism <a href="https://areomagazine.com/2020/07/29/the-pivotal-irony-of-american-racism/">https://areomagazine.com/2020/07/29/the-pivotal-irony-of-american-racism/</a>

Dismantling racism in the food chain, <a href="https://blog.imperfectfoods.com/blog-1/2020/6/1/resources-for-feeding-change-in-your-">https://blog.imperfectfoods.com/blog-1/2020/6/1/resources-for-feeding-change-in-your-</a>

<u>community?utm\_medium=&utm\_source=newsletter&utm\_campaign=20200608-eng-news-&utm\_content=blacklivesmattercta</u>

Dismantling racism in the legal system: Equal Justice Initiative: <a href="https://eji.org/bryan-stevenson/">https://eji.org/bryan-stevenson/</a>

Performing Whiteness: <a href="https://www.theparisreview.org/blog/2020/06/08/the-performance-of-white-bodies/?src=longreads&mc">https://www.theparisreview.org/blog/2020/06/08/the-performance-of-white-bodies/?src=longreads&mc</a> cid=8f5f38b1e8&mc eid=62a1c5704b

Resource Guide from Gratefulness.org

https://www.notion.so/Anti-racism-Resource-Guide-ac6189613c6d49c09f40f7d2ee45e65b

Eight Lessons for Talking about Race, Racism and Racial Justice.

https://www.opportunityagenda.org/explore/resources-publications/lessons-talking-about-race-racism-and-racial-justice

<u>Harvard Business Review, Moving Beyond Diversity to Racial Equity</u>. <u>https://hbr.org/2020/06/moving-beyond-diversity-toward-racial-equity</u>

Divided We Fall Article: Race in America, A Conversation (2019 <a href="https://dividedwefall.com/2019/07/16/a-conversation-on-race-in-america/?gclid=EAlalQobChMlvKP7uYKm6glVWh-tBh3QRAVXEAAYBCAAEgLuLPD">https://dividedwefall.com/2019/07/16/a-conversation-on-race-in-america/?gclid=EAlalQobChMlvKP7uYKm6glVWh-tBh3QRAVXEAAYBCAAEgLuLPD</a> BwE

10 Steps Toward Bridging Our Painful Racial Divide, Margaret Mitchell, YWCA of Greater Cleveland <a href="https://www.niot.org/blog/ywca-10-steps-toward-bridging-our-painful-racial-divide?gclid=EAIaIQobChMI6f">https://www.niot.org/blog/ywca-10-steps-toward-bridging-our-painful-racial-divide?gclid=EAIaIQobChMI6f</a> b4oWm6gIV3z2tBh2x0AeCEAAYBCAAEgIF3fD BwE

The Conversation. A collection of thoughtful, interesting, recent articles on racism (and many other topics) mostly from authors in the academic community. <a href="https://theconversation.com/us/topics/racism-332">https://theconversation.com/us/topics/racism-332</a>

A Message from President Pelton: America On Fire. Emerson University https://today.emerson.edu/2020/06/01/letter-to-the-emerson-community-may-31-2020/

Bryan Stevenson on The Frustration Behind the George Floyd Protests The New Yorker <a href="https://www.newyorker.com/news/q-and-a/bryan-stevenson-on-the-frustration-behind-the-george-floyd-protests?fbclid=lwAR1LwW5rZc8pyBvvCWMKSjONSNwbbV">https://www.newyorker.com/news/q-and-a/bryan-stevenson-on-the-frustration-behind-the-george-floyd-protests?fbclid=lwAR1LwW5rZc8pyBvvCWMKSjONSNwbbV</a> kE BX3jrTL1mG92xePqudVLj1OJE

Your Black Colleagues May Look Like They're Ok, Chances Are They're Not. Refinery 29 <a href="https://www.refinery29.com/en-us/2020/05/9841376/black-trauma-george-floyd-dear-white-people?utm\_medium=post&utm\_source=facebook.com&fbclid=lwAR34Vy2tuSNuVnn0Z\_gNTdwbIUwuilflKlTQ2E8xm00iKi1Ya-k5ZCYdxkc">https://www.refinery29.com/en-us/2020/05/9841376/black-trauma-george-floyd-dear-white-people?utm\_medium=post&utm\_source=facebook.com&fbclid=lwAR34Vy2tuSNuVnn0Z\_gNTdwbIUwuilflKlTQ2E8xm00iKi1Ya-k5ZCYdxkc</a>

U.S. Business Must Take Action Against Racism. Harvard Business Review <a href="https://hbr.org/2020/06/u-s-businesses-must-take-meaningful-action-against-racism">https://hbr.org/2020/06/u-s-businesses-must-take-meaningful-action-against-racism</a>

Five Practices and Three Myths that Fuel Inequality. Academy of Management Insights. <a href="https://journals.aom.org/doi/full/10.5465/annals.2017.0033.summary">https://journals.aom.org/doi/full/10.5465/annals.2017.0033.summary</a>

TEDxPSU Three Myths About Racism, Candice Wattis Smith <a href="https://www.youtube.com/watch?v=7CGJDgO4Fs8">https://www.youtube.com/watch?v=7CGJDgO4Fs8</a>

TedTalk-Ibram Kendi, The Difference between being "not racist" and "antiracist". https://www.ted.com/talks/ibram x kendi the difference between being not racist and antiracist

Controversies over Confederate Monuments <a href="https://news.stanford.edu/2020/07/16/confederate-monuments-coming-now/">https://news.stanford.edu/2020/07/16/confederate-monuments-coming-now/</a>

Seven Factors Contributing to Racism. <a href="https://news.stanford.edu/2020/06/09/seven-factors-contributing-american-racism/">https://news.stanford.edu/2020/06/09/seven-factors-contributing-american-racism/</a>

#### **Podcasts**

The History of American Slavery (Slate)—available on wherever you download your podcasts. Black History Year ((PushBlack)—available wherever you download your podcasts.

Code Switch podcast: Episode: A Decade of Watching Black People Die https://www.npr.org/2020/05/29/865261916/a-decade-of-watching-black-people-die

1619 Project podcast: <a href="https://www.nytimes.com/2020/01/23/podcasts/1619-podcast.htm">https://www.nytimes.com/2020/01/23/podcasts/1619-podcast.htm</a>

### **Longer Online Presentations**

Rice University Held an all-day symposium on racism titled Reflections on Juneteenth. All the sessions are excellent and interesting, but Session 4 may be of particular interest. It's about an hour to listen to the full session, but there are three separate presentations within the hour and they can be listened to independently.

https://www.youtube.com/watch?v=cwbnt1qBbzc&list=PLdyZjWkoCPVv-k-CJVD71qT FUFeLlGQ1&index=5&t=1503s

The entire Rice symposium can be accessed here: <a href="https://president.rice.edu/juneteenth">https://president.rice.edu/juneteenth</a>

Times Higher Education (THE) Symposium on Racism in Higher Education. <a href="https://www.youtube.com/watch?v=xYjgnB0U8d0">https://www.youtube.com/watch?v=xYjgnB0U8d0</a>

Aspen Institute Interview with Dr. Ibram Kendi from 2019. Dr. Kendi is the author of How to Be an Antiracist. <a href="https://www.youtube.com/watch?v=TzuOlyyQlug">https://www.youtube.com/watch?v=TzuOlyyQlug</a>

A more recent presentation by Dr. Ibram Kendi from June 20, 2020. The Difference Between Being Not Racist and Being Antiracist. <a href="https://www.youtube.com/watch?v=KCxbl5QgFZw">https://www.youtube.com/watch?v=KCxbl5QgFZw</a>

Remembering John Lewis civil rights activist and U.S. Representative <a href="https://www.youtube.com/watch?v=cJHt1E73kBg">https://www.youtube.com/watch?v=cJHt1E73kBg</a>

Civil Rights on the March, Aspen Institute Interview of John Lewis by Gwen Ifill from July 2014. https://www.youtube.com/watch?v=agg9FsilUss

### **Videos/Movies/Documentaries:**

### Black Women's 200 Year Fight for the Vote.

https://www.pbs.org/wgbh/americanexperience/features/vote-black-women-200-year-fight-for-vote/

<u>The Vote</u>—Valuable for understanding the politics and racism that created the break between white and black men and women seeking the right to vote.

https://www.pbs.org/wgbh/americanexperience/films/vote/#part01

<u>Good Trouble</u>. Documentary on John Lewis. Available for rent on multiple streaming services or online movie sites. Here is an Amazon link, but many sites are showing this moving now. <a href="https://www.amazon.com/John-Lewis-Good-">https://www.amazon.com/John-Lewis-Good-</a>

Trouble/dp/B087RC1LKV/ref=sr 1 3?dchild=1&keywords=Good+Trouble&qid=1596338724&sr=8-3

<u>Freedom Riders</u>, an American Experience documentary on the 400 black and white Americans who risked their lives in the 1961 freedom rides through the South.

https://www.pbs.org/wgbh/americanexperience/films/freedomriders/

Uncomfortable Conversations with a Black Man. A series of videos on YouTube. Just type in Uncomfortable Conversations in the search box.

<u>13<sup>th</sup></u>. An Academy award nominated documentary on racism.

https://www.youtube.com/watch?v=krfcq5pF8u8

<u>Just Mercy</u>. A movie adaptation of the book by Bryan Stevenson. <a href="https://www.amazon.com/Just-Mercy-Michael-B-Jordan/dp/B082YJ8THX">https://itunes.apple.com/us/movie/just-mercy/id1490719646</a>. Also try On Demand from your Cable provider.

<u>Selma</u>. Highlights tactics and strategy of the civil rights movement and why it was necessary, including the violent opposition to change <a href="https://www.amazon.com/Selma-David-Oyelowo/dp/B00S0X4HK8">https://www.amazon.com/Selma-David-Oyelowo/dp/B00S0X4HK8</a> or <a href="https://itunes.apple.com/us/movie/id950562460">https://itunes.apple.com/us/movie/id950562460</a>. Also try On Demand from your Cable provider.

The Hate U Give. Highlights the impact of police brutality on the black community. <a href="https://www.microsoft.com/en-us/store/movies-and-tv/collection/learn-from-powerful-stories-watch-free/fh">https://www.microsoft.com/en-us/store/movies-and-tv/collection/learn-from-powerful-stories-watch-free/fh</a> freetowatch

Mohammad Ali on Why Is Everything White? <a href="https://www.bbc.com/news/av/world-us-canada-52988605/muhammad-ali-why-is-everything-white">https://www.bbc.com/news/av/world-us-canada-52988605/muhammad-ali-why-is-everything-white</a>

<u>Ken Burns, The Central Park Five.</u> The Story of five black and latino teens wrongfully convicted or raping a white woman. <a href="https://www.pbs.org/kenburns/the-central-park-five/">https://www.pbs.org/kenburns/the-central-park-five/</a>

Greenwood, a ballet on the 1921 Tulsa Massacre

https://www.alvinailey.org/performances/repertory/greenwood

Ted Talks to Help Understand Racism:

https://www.ted.com/playlists/250/talks to help you understand r

How Racism Makes Us Sick—Ted Talk

https://www.ted.com/talks/david r williams how racism makes us sick

Color Blind or Color Brave—Ted Talk

https://www.ted.com/talks/mellody hobson color blind or color brave#t-492368

John Lewis and Bryan Stevenson On the Fight for Civil Rights and Freedom—Ted Talk <a href="https://www.ted.com/talks/john lewis and bryan stevenson the fight for civil rights and freedom">https://www.ted.com/talks/john lewis and bryan stevenson the fight for civil rights and freedom</a>

Unlocking Us: Brene Brown with Ibram x. Kendi on How to Be an Anti-

Racist: https://brenebrown.com/podcast/brene-with-ibram-x-kendi-on-how-to-be-an-antiracist/

# Some Local Charitable Organizations You Might Want to Know and Possibly Contribute. Each is Working on Ending Racism or Addressing Its Effects Here in Marin

Performing Stars of Marin—transforming the lives of primarily multicultural children throughout Marin (www.performingstars.org)

The Hannah Project—builds community and promotes the value of achievement among low income black and brown youth in Marin with the vision of making college and a career both an expectation and a norm (www.thehannahproject.org)

Bridge the Gap College Prep—provides comprehensive educational, social and emotional support with the goal that every Marin City student completes high school and graduates from college (www.btgcollegeprep.org)

The Phoenix Project of Marin – A collaborative community program in Marin City that provides integrated mentoring and training services for at-risk young males and adults, guiding them to develop personal, social and economic skills in order to navigate the world around them (www.phoenizprojectmarin.org)

Gaines Jones Education Foundation—mentors youth, promotes youth advocacy, and provides need-based annual scholarships to African-American students in Southwest Georgia and the San Francisco Bay Area (<a href="www.gaines-jones.org">www.gaines-jones.org</a>)

Lawyers for One America—provides civil pro bono legal services in Northern California so that disadvantaged individuals, micro-businesses, and community-based nonprofits may gain economic self-sufficiency to combat community deterioration; advocates nationally for greater diversity in the legal profession. (<a href="www.lfoa.org">www.lfoa.org</a>)

## Some Major National Organizations Fighting Racism Against Black Americans

<u>The NAACP</u>. One of the oldest civil rights organization in the U.S. Their website has a wealth of information. The NAACP mission is to secure the political, educational, social, and economic equality of rights in order to eliminate race-based discrimination and ensure the health and well-being of all persons. It is a c4 organization (contributions are not tax-deductible), but it has a partner c3 organization known as NAACP Empowerment Programs (contributions are fully tax-deductible as allowed by the IRS). Annual memberships are \$30 and support the work of the c4 organization. Access to the website is free. https://www.naacp.org/

<u>#BlackLivesMatter</u> was founded in 2013 in response to the killing of Treyvon Martin's murder. Its mission is to eradicate white supremacy and build local power to intervene in violence inflicted in Black communities by the state and vigilantes. The website has a number of resources to deepen understanding of racial issues and inequality and actions needed. <a href="https://blacklivesmatter.com/">https://blacklivesmatter.com/</a>